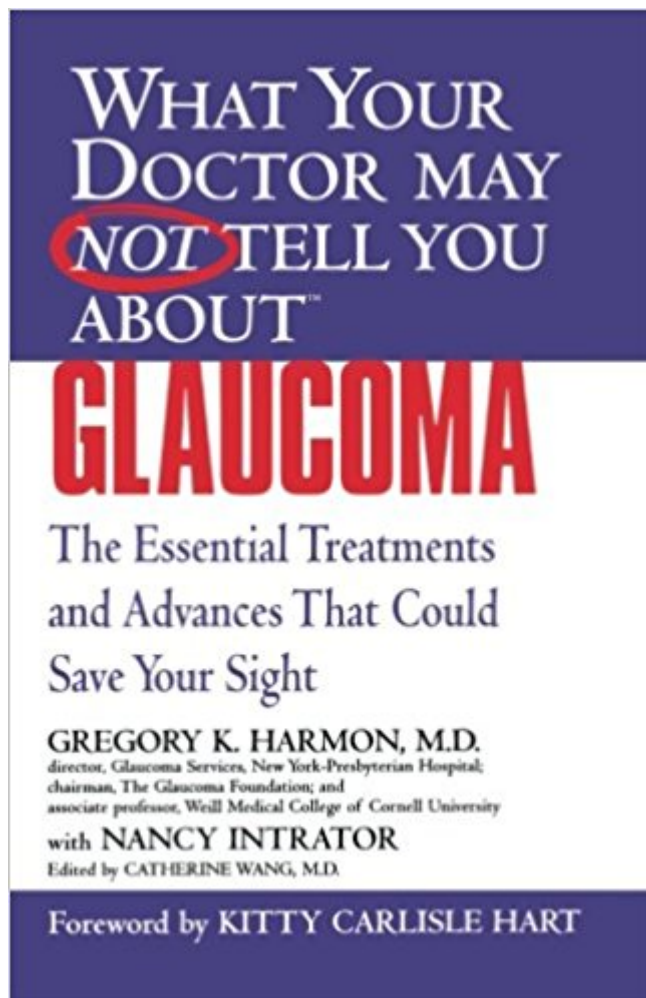


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# What Your Doctor May Not Tell You About(TM) Glaucoma: The Essential Treatments And Advances That Could Save Your Sight (What Your Doctor May Not Tell You About...(Paperback))





## Synopsis

An insidious disease, glaucoma is often misunderstood and is the leading cause of preventable blindness. Helps to dispel the myths surrounding the disease and inform readers as to the truth about glaucoma. Divided into three accessible sections, the book takes readers through the most common methods of treatment, and explores cutting-edge research and crucial new information on the effects of nutrition, exercise, and herbal medicine on glaucoma.

## Book Information

Series: What Your Doctor May Not Tell You About...(Paperback)

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Average Customer Review: 4.5 out of 5 stars 22 customer reviews

Best Sellers Rank: #201,609 in Books (See Top 100 in Books) #36 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Eye Problems

## Customer Reviews

Dr Harmon is Assoc Professor of Clinical Ophthalmology at Cornell University and Chairman and CEO of the Glaucoma Foundation. Nancy Intrator is a freelance writer specialising in health and family-related topics. Her articles have appeared in Cosmopolitan, American Health, Avenue, Working Mother and others. Her husband was diagnosed with glaucoma in his thirties.

Glaucoma runs in my family, and the blindness which results from it. I've been treating it for about 15 years. After a very scary visit to my specialist in August which left me frightened and in tears (and trust me, I don't scare easily) I decided it was time to educate myself so I'd know what questions to ask. Of all the books I researched, this looked like the best fit for me. I ordered the Kindle version the day of the doctor visit and soon read about the reason for pinching the tear ducts closed for a couple minutes after taking my drops. Made sense, even though I know several doctors say it doesn't matter. I thought, what could it hurt? Within 3 days, all redness, scratchiness, burning and irritation was gone, including the bitter aftertaste I got on my soft palate a few minutes after one

of my 3x a day drops. Today, 4 months later, I had a followup exam and my doctor was blown away that my field of vision test results had reverted back to what they were 3 years ago and I had the lowest pressure readings in about 10 years. I know it must've made an impact, because 5 minutes after the exam, the discharging receptionist was still waiting for his closing comments to appear on the computer...she remarked "He must be writing a book about your examination!!" I just smiled and said "No doubt." There is much more to be learned from this readable, hope-filled book, but if for no other reason than the most amazing appointment I've had in a long, long time, I owe Dr. Harmon my heartfelt thanks.

Dr. Gregory Harmon has written a book that is tremendously informative about the types, stages, treatments of glaucoma. He is the former Director of Glaucoma Services at New York-Presbyterian, now merged with Weill Cornell, Hospital. The book has been immensely helpful in familiarizing me with glaucoma terms thus enabling me to talk informatively with my glaucoma doctors about status and treatment. My only wish is that there had been more illustrations. The book was copyrighted in 2004 so there most likely have been some innovations since then.

Very informative book. I will keep it as a reference since I have just been diagnosed with glaucoma. The reason I didn't give it 5 stars is that there are some chapters that are very technical - not suited for a layman. It arrived on time and in good condition.

Dr. Harmon has included everything in this book that you should know if you have glaucoma, you are a glaucoma suspect, or you have glaucoma in your family. I have read a number of books on the subject and none are as inclusive as "What Your Doctor May Not Tell You About Glaucoma. Dr. Harmon studied at John Hopkins University, St. Luke's Roosevelt Hospital, and Mount Sinai School of Medicine. Dr. Harmon is an Associate Professor of Ophthalmology at Weill Medical College of Cornell University New York Presbyterian Hospital, and Chairman of the Board of Directors of The Glaucoma Foundation.

Answered Difficult QuestionsA very readable, understandable book with answers to questions.

Absolutely correct. The doctor just wants to operate on the eyes.

This told me things I did not know, like pressing tear ducts and timing your drops for optimum effect

of eye pressure medicine. It did help mine.

There are shockingly few books about Glaucoma. Why is that? This is one of the few I picked up when I was diagnosed and was first shocked to find out that there are many of us out there with Glaucoma who have normal eye pressure - a key component in diagnosis is high eye pressure. Therefore I wasn't referred to an ophthalmologist for further testing for years. There are no symptoms for open angle Glaucoma. There are symptoms for closed angle glaucoma, but the docs concluded the pain I was experiencing was related to something else - uh, yes Ms. W., your cancer must have metastasized. Thank goodness this was not the case. I have apparently both open angle and narrow angle glaucoma, pretty rare and the docs refused to listen to me when I gave them symptoms of narrow angle glaucoma, I was diagnosed with having only open angle. Because of this I lost considerable vision in one eye. Anyway, any book out there is worth reading. But this wasn't the best of the few.

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